

Angel Yard Common House Food Policy



This policy builds on discussion at a full members' meeting in February 2023 with follow-up refinement between two members who were there.

The guidelines seek to enable as many people as possible to join in centrally prepared and cooked communal meals.

The policy is:

At Angel Yard

- Communal meals will generally be vegetarian with usually a vegan option.
 - The community is open to all dietary requirements and will do its best to accommodate food intolerances and religious preferences.
 - If anyone has a life-threatening allergy we would need to discuss with them how to accommodate their needs safely.
 - Organic food will be used when available at reasonable cost and all food will be locally sourced where practical.
 - Meal times will be varied so as to accommodate as many members as possible.
 - It is hoped that everyone shares a meal together at least once a week.
 - It is expected that everyone takes a turn in preparing, cooking, laying table and washing up.
 - Moderate alcohol consumption will be allowed in the common house.
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Notes

Further discussion is needed on fish and meat in the common house / common house kitchen.

Equipment and utensils: explore whether separate cooking equipment is necessary for different diets.

It would be helpful to find out what type of booking systems other cohousing groups use so that you know how many / who you are cooking for. Helpful to have a record of everyone's dietary preferences.

Agreed by general members' meeting 27.3.23; Review date: Summer 2025